



Rondebosch Cricket Corner

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Editorial

This week sees the start of a series of relevant articles on the art of cricket which Peter Harold (2nd XI Coach) will feature.

This week it is Batting - by Grant Morgan - see the foot of the Cricket Corner.

Then it is probably a first for Rondebosch U14A, if not for Bosch as a whole - read below and marvel at their fantastic achievement in a 50/50 Match between RBHS U14A and Boland Landbou.

Well done guys.



Editor



Match Fixtures for Week Ending 16 October 2010.

Players - please consult your coach where a fixture is marked "to be confirmed".

RBHS v PRG w/ending 16 October 2010

TEAM	Opponents	Venue	Field	Day	Time
U19A	SACS (T20)	Bergvliet	A Field	Fri 15	18:30
U19A	Paul Roos	PRG	PRG Oval	Sat 16	9:30
U19B	Paul Roos	RBHS	Cricket A	Sat 16	9:30
U19C	Paul Roos	PRG	Volkskombuis	Sat 16	08:45
U19D	Paul Roos	PRG	PRG Oval	Fri 15	15:00
U19E	Paul Roos	PRG	Doornbosch	Fri 15	15:00
U15A	Paul Roos	PRG	Doornbosch	Sat 16	9:30
U15B	Paul Roos	RBHS	Meadow B	Sat 16	08:45
U15C	St Josephs	St J	St J	Mon 11	15:30
U15C	Paul Roos	RBHS	Meadow B	Fri 15	15:00
U15D	Paul Roos	PRG	Volkskombuis	Fri 15	15:00
U14A	Paul Roos	RBHS	Lower Desert	Sat 16	9:30
U14B	Paul Roos	RBHS	Meadow A	Sat 16	08:45
U14C	Paul Roos	RBHS	Meadow A	Fri 15	15:00
U14D	Paul Roos	RBHS	North	Fri 15	15:00
U14E	Paul Roos	RBHS	North	Wed 13	15:30

Match Results

If there is no Match Report for your team, please speak to your Captain so that he can delegate someone to send in a Match report to Rondebosch Cricket Corner by not later than 10:00 on the Monday morning following the match.



1st X1 V Boland Landbou

Boland	91 all out
RBHS	92 for 8

Won by 2 wickets

2nd X1 v Boland Landbou

Boland	90 all out	Danie Krynauw	4 for 21
RBHS	91 for 3		

Won by 7 wickets

U15A v Boland Landbou

Boland	110 all out	Prashant Makan	3 for 9
RBHS	112 for 3	Zubayr Hamza Riaz Sader	39 not out 33

Won by 7 wickets

U14A v Boland Landbou

RBHS	486 for 1	Matthew Christensen Tayo Wahlbrug Keagan Langford	224 not out 152 not out 69
Boland	45 all out	Jay Stevens	5 for 11

Won by 441 runs

U14E v Oude Molen

RBHS	104 for 3	Marc van der Merwe	51 not out
Oude Molen	36 all out		

Won by 68 runs

Played	5
Won	5

U19A 1st Team vs Boland Landbou

A late change of venue meant that Rondebosch hosted Boland Landbou on Saturday. Rain during the week meant that the wicket was likely to provide assistance to the bowlers all day and this proved to be the case. Boland, batting first, struggled to build any partnerships, and if it weren't for an aggressive 35 from Jan Frylinck their total of 91 would have been significantly lower.

This total however nearly proved sufficient as Frylinck again proved to be worth his place in the SA under 17 squad with an impressive display of fast bowling. Devlin Quinn and Alex Mather came together with 18 still required to win and the result very much in the balance. A patient approach by these two resulted in the target being achieved and a victory by 2 wickets reversing last year's defeat to the visitors.

Mr. Rob Dalrymple (Coach)

U19B 2nd Team vs Boland Landbou

Boland 90 All Out
D Krynauw 4/21

Rondebosch 91/3
G Scott 25 Not Out

RBHS won by 7 Wickets

It was a very satisfactory start to the season. Although the boys were rusty from not having played for a while, they displayed a good dollop of professionalism in the way they went about winning this match.

We won the toss and bowled first. Danie Krynauw bowled really well upfront in taking 4/21. Raees Sayed opened the bowling as an offspinner and had remarkable control as well. All the other bowlers bowled good areas and made life difficult for Landbou. We eventually bowled them out for 90 in 26 overs.

The batting was satisfactory and workmanlike. We reached the score in 21 overs with Gregg Scott having a good workout in the middle and Michael Dugmore being very positive. The season has started in a very nice manner and the team is looking forward to the challenges which lie ahead.

I must commend the team in the way they supported each other in this game. Our team spirit is one of the things which make this team tick and it was great to see that in abundance on Saturday. It should be a special season.

Mr Peter Harold (Coach 2nd XI)

U19C 3rd Team

Cancelled

U19D 4th Team vs

Cancelled

U19E 5th Team vs

Cancelled

U19F 6th Team vs

Cancelled

U15A vs Boland Landbou

Boland Landbou vs Rondebosch

Venue: Lower Desert

Start Time: 10.30am

Format: 50/50 Over Match

We played Boland Landbou and they chose to bat after winning the toss. The late start to the game was as a result of the moisture in the pitch and with Boland deciding to bat first actually suited our position. Our bowlers kept a good line and length from the beginning and we had them under pressure with some tight fielding. Prashant, who has been a revelation this year, was again stingy with giving the batsmen few scoring

opportunities. They kept on losing wickets at regular intervals and with Riaz Sader snapping some quick wickets,

Prashant finished their innings off in style by claiming the last two to close out the innings.

Alezio Joemat and Kay Skovgaard Petersen were also rewarded with a wicket each off some good seam bowling

and Duncan Campbell did very well in his two overs he sent off in his first game in the team on our home ground.

A pleasing performance from our bowlers, but some mediocre fielding and failure to turn the heat on to close them out completely is what we need to work on going forward. Boland were bowled out for 110 runs in the 40

overs they batted.

Only needing 111 for victory, we were confident that we could make the score but with losing Devon early and

Matthew soon thereafter, we had to knuckle down and put in some more grit in our batting. Riaz Sader kept the momentum going scoring a well played 33 before being yorked. Between Riaz Sader and Zubayr Hamza, we took it to close to our target and with Kay Skovgaard-Petersen joining me, we closed out the match.

A good win by 7 wickets, with our batsman doing a good job and our bowlers being awesome at times.

Fielding is still a bit of a concern and concentration and patience by both our batsman and bowlers needs to be our priority this week and we will certainly be challenged by a very strong Paul Roos team in next week's game.

Batsman

Zubayr Hamza 37 n.o.

Riaz Sader 33

Bowling:

Prashant Makan 9 runs 10 overs 3 wkts

Riaz Sader 41 runs 10 overs 3 wkts

Zubayr Hamza - (Under 15A cricket captain)

Mr Johan Snijmann - (Coach)

U15B vs.

Cancelled

U15C vs.

Cancelled

U15D vs

Cancelled by Primrose

U14A vs Boland Landbou

It is difficult as a coach to describe this game and probably will not have a game like this in my life time. It is a game that will send the Historians scrambling for the record books. It is probably easier to describe by letting the statistics do the talking.

Rondebosch batted first in a 50 limited overs match.

Keagan Langford 69.

Mathew Christensen 224 not out.

Tayo Walbrug 152 not out.

Mathew Christensen and Keagan Langford in a 176 run partnership.

Mathew Christensen and Tayo Walbrug in an unbeaten partnership of 310.

Rondebosch 486 for one.

Boland Landbou 45 all out. Jay Stevens 5-11.

Rondebosch won by 441 runs.

Mr. Lloyd Nel - (Coach)

Match:	50 overs limited	Umpire 1:	Lloyd Nel
Team 1:	RBHS U/14A	Umpire 2:	F. Knoetze
Team 2:	Boland Landbou	Umpire 3:	Rondebosch won the toss and elected to bat
Venue:	Rondebosh Meadow B	Toss:	bat

Batting - Grant Morgan

What is the aim of this art we call batting?

1. To make as many runs as quickly as possible at the lowest risk possible
2. To occupy the crease for long enough to put conditions in your team's favour

The perfect score in a 50 over game would be 1800 if you were the perfect batsman. In a 20/20 game it would be 720. Modern limited overs cricket is stretching the art of batting to its most extreme form.

What are 4 basic requirements to make runs?

- A. Technique
- B. Concentration
- C. Bravery/courage
- D. Fitness

A. Technique

When I coach batting I say "the only rule is there are no rules!" - This allows for 'flair'.

A vital technical rule is to play the ball back where it is coming from more often than not.

This will help in consistency. Cricket is ultimately a battle of straight lines and by cheating this too often when you bat you are asking for trouble.

A good technique helps to make batting easier, but a good plan for batting is often more important!

What are the cornerstones/fundamentals of technique in batting?

1. Watching the ball
2. Balance
3. Footwork
4. Timing
5. Swing of the bat/hands

1. Watching the ball

The most simple of all the technical tasks, but one we often neglect - especially under pressure.

It is sometimes true that we don't really zone in on the ball and only watch the big picture.

In watching we must take in all visual cues and information the bowler may show us.

2. Balance

Being in control of your body to execute the shot

Being able to move in any direction on the release of the ball by the bowler

Not falling over to the off-side before release

Many batsmen are too concerned about getting into line and thus put pressure on their balance

Good balance creates strong bases and hitting positions, the key to power and control

All 5 aspects are linked. Watching the ball helps with balance and balance allows good footwork

and

good footwork creates balance again which creates timing from the swing which results in power.

3. Footwork

Batting relies on good footwork in order for the batsman to be successful

Batting is not about moving forward or moving back, it is about transferring your weight forward and transferring it backwards

In order to do this we need balance. Good footwork cannot take place without good balance

To transfer well forward and well back is the ideal in terms of foot movement, but the key is the transfer and its timing e.g. Damien Martyn

4. Timing

Good timing is hitting the ball at the optimum point to get the most power for the specific shot you selected

A good example of good timing is when power is achieved without a great amount of effort

Timing

can also be described as the optimum use of the pace of the ball i.e. the batsman uses the pace of the bowler to create the maximum efficiency for the particular shot

5. Swing of the bat/hands

It is the hands that ultimately hit the ball and complete the work done by the eyes (watching) and the body (balancing and stabilizing)

The hands release the power and control of where the ball will go and how hard

The straighter the ball i.e. on the wickets, the greater is the premium on accuracy of the hands and the swing

It is so important that we take the hands back and cock the wrists to promote a more natural swing

of the bat and allow the bat to be in a good position to execute all the cricket shots

The bottom hand is the artist and the top hand the manager

Next week we will look at concentration and what vital role it plays in our batting.

Article courtesy of Grant Morgan

Born May 19, 1971, Port Elizabeth, Cape Province

Current age 39 years 145 days

Major teams Eastern Province, Northern Transvaal, Northernns

Batting style Right-hand bat

Fielding position Wicketkeeper

and Supplied by

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