

Pam Ogilvie

From: John Sparkman [Sparkman@Mweb.co.za]
Sent: Wednesday, April 22, 2009 12:55 PM
To: Sparkman@Mweb.co.za
Subject: RBHS Hockey Herald - Issue 3 - April 2009
Attachments: 245791263.gif; image004.gif; att3D4.gif; image006.gif; image001.jpg; att4AC.gif; att4CD.jpg; Hosting Grey PE Hockey 1-2 May 2009.pdf



Rondebosch Hockey Herald

ISSUE #3 APRIL 2009

E-mail Circulation is currently 263



Hockey Notice Board.

Hosting of Grey High Hockey Players

All hockey boys should have received a letter (on Friday 17th) regarding the Grey High (PE) visit on Friday and Saturday 1st and 2nd May. For the convenience of those who have not received it I have attached one to this Newsletter.

All our teams are playing Grey and we are required to host all of the boys on the Friday night. Matches will be on Friday afternoon and Saturday morning and the visitors will leave from school or Astro after the Saturday games.

Mr. John Whitehead requires the following in respect of all boys playing:

Boy's name: _____

Team: _____

Number you can host: _____

Please forward this information (or use the tear-off slip in the attached letter in the .PDF File) to whitehead@rondebosch.com.

If you are unable to host for some reason, please advise him accordingly.

Regards

John Whitehead

Sports Administrator - Rondebosch Boys' High School

Cell: 0781536774

Fax: 021-6866083

Rules of Hockey 2009: Free hit rule

The newly introduced free hit rule is expected to be applied in international hockey from 1 May 2009 once the experimental period is accepted.

This new rule was introduced to decrease the interruptions to the flow of play and to increase the length of time the ball is in active play. This is the reason for introducing the "self-pass" from a free hit.

It looks alarmingly strange to those who have got used to the old way of doing things, but it does mean that the whistle is being blown less often. What is interesting is to see how the players are using the rule to maximum advantage.

For instance, there is now no time to look at the referee to question his judgment or remonstrate in some way. If they do so, the opposition will simply run away with the ball. The game is now even faster but that may have its disadvantages because the structure of play is difficult to control at such speed. It is also a bit of headache for referees who are struggling to interpret the new rule in various situations.

The text of the relevant free hit rules is as follows:

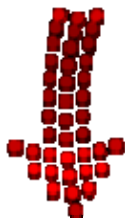
13.1 Location of a free hit:

- a) a free hit is taken close to where the offence occurred. *'Close to' means within playing distance of where the offence occurred and with no significant advantage gained.*
The location from which a free hit is taken must be more precise inside the 23 metres area.
- b) a free hit awarded within 5 metres of the circle to the attack is taken at the nearest point 5 metres from the circle
- c) a free hit awarded outside the circle to the defence within 15 metres of the back-line is taken up to 15 metres from the back-line in line with the location of the offence, parallel to the side-line
- d) a free hit awarded inside the circle to the defence is taken anywhere inside the circle or up to 15 metres from the back-line in line with the location of the offence, parallel to the side-line.

13.2 Procedures for taking a free hit, centre pass and putting the ball back into play after it has been outside the field:

- a) the ball must be stationary
- b) opponents must be at least 5 metres from the ball. *If an opponent is within 5 metres of the ball, they must not interfere with the taking of the free hit or must not play or attempt to play the ball.*
If this player is not playing the ball, attempting to play the ball or influencing play, the free hit need not be delayed.
- c) when a free hit is awarded to the attack within the 23 metres area, all players other than the player taking the free hit must be at least 5 metres from the ball
- d) the ball is moved using a push or hit
- e) the ball must not be raised intentionally directly from the free hit
- f) if the player taking the free hit is the next player to play the ball, the actions of taking the free hit and of next playing the ball must be two separate actions
- g) before another player of the team which took the free hit is allowed to play the ball, the ball must move at least 1 metre. *The ball does not have to move 1 metre before the player taking the free hit may play the ball again.*
- h) from a free hit awarded to the attack within the 23 metres area, the ball must not be played into the circle until it has travelled at least 5 metres or has been touched by a player of either team other than the player taking the free hit.

Courtesy Mr. Kevin Winter



Next Week's Fixtures

Sorry! The finalised schedule is yet available.

You can access the published schedule on the Rondebosch Web Site by clicking the following hyperlink.
http://www.rondebosch.com/upload/article/file/340_Hockey%20fixtures%20wending%2025Apr09.pdf



Picture Gallery

Please e-mail your Rondebosch Hockey digital pictures with a caption and we will endeavour to publish them.



Last Week's Match Results

(Captains / Coaches - please delegate someone from your Team to send a short Match Report - by not later

than 12:00 on the Monday following the match - to Sparkman@Mweb.co.za for publication.

Late submissions will be carried over to the next edition)

RBHS 1sts vs. Como High - Australian Touring Team- Friday 17 April 2009

On Friday the RBHS 1st hockey team hosted Como secondary school from Australia. The build-up to the game was interesting as they had just come down from a successful festival at ST Johns and the 1st team a successful festival at KES. The game started off slowly but as both teams found their stride the pace quickened.

Rondebosch scored their first goal through Jonathan Cox. This resulted in it being 1-0 at half-time.

The Rondebosch 1st team were dominating the game and stepped it up in the second half to put another 3 goals passed them, 2 of them by Michael Reid and 1 by Cole Milton.

Rondebosch ended up with a well deserved 4-0 win.

Peter Schwellnus

RBHS 2nds vs. RBHS 3rds - Friday 17 April 2009

On Friday afternoon, the 2nd side played against the 3rd's as the curtain raiser for the 1st team's game against Como High. With it being right at the start of the season, the game started off fairly slowly as both sides got used to their teams. The first half ended 1-0 to the 2nd's after Michael Sparkman slotted home a drag flick.

The 2nd half saw the 2nd team come to life and take complete control of the game. The goals then started to flow with Jason Giesler grabbing two and James MacDonald also getting his name on the score sheet.

In the end the 2nd's ran out comfortable 4-0 winners, but both sides played some great hockey considering that this was their first match together.

James MacDonald

Rondebosch Hockey Parents Support Committee

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