



# Rondebosch Boys' High School

## Water Polo Newsletter

30 July 2009

Dear Water Polo Parents and Boys

### **INAUGURAL RONDEBOSCH WATER POLO TOURNAMENT**

We will be hosting a national tournament in the new pool from **18-20 September**, which is the same weekend as the Ian Melliar tournament for U15s at Wynberg and a week before the 1<sup>st</sup> team SACS tournament.

This year we will have Hilton College and Maritzburg College attending from outside of Cape Town and we plan to grow the tournament as Wynberg have successfully done with theirs.

Any parents who are able to assist with any of the following areas of the tournament are requested to contact Gary Endley or me:

Sponsorship: This could include full or partial sponsorship of the tournament.

Advertising: Ads will appear in the tournament brochure which is given to all participants.

Donations: Deodorant, sun block, soap, energy drinks, energy bars and sweets for goodie bags for players; we would also look to provide more spectator cover in the event of rain so any contacts for temporary covering (i.e. Toureg-type tents) and any assistance in that regard would be appreciated.

### **PRE-SEASON TRAINING**

All of the A teams (1<sup>st</sup>, U15A and U14A) will be training from next week (Monday 3 Aug), the training times and dates being below:

U14 Tuesday 15:15 to 16:15 and Friday 15:00 to 16:30

U15 Tuesday 16:15 to 17:30 and Sunday 14:00 to 15:00

1st Wed 15:30 to 17:00 and one session on the weekend which will be decided by coaches and players during the week to fit in with rugby and other events.

There will also be one and a half hours from 13:30 to 15:00 on a Friday where any polo players interested in getting in the pool and working on individual skills may make use of this time.

### **UPCOMING TOURNAMENTS**

The A teams also all attend tournaments in September, the dates of the tournaments being:

<b>Age Group Dates</b>	<b>Venue</b>	
U14A	RBHS	Fri 18 – Sun 20 September
U15A September	WBHS	Thu 17 – Sun 20
1 <sup>st</sup> Team	SACS	Sat 26 – Mon 28 September

I have attached the U14 and U15 fixtures/times to this e-mail and will distribute the SACS fixtures as soon as they become available.

### **W.P. SQUAD TRAINING SCHEDULE**

#### **BOYS**

<b>AGE</b>	<b>DAY</b>	<b>TIME</b>	<b>VENUE</b>	<b>STARTS</b>	<b>COST</b>	<b>COACH CONTACT</b>
U 19	SUNDAY	14H00 - 16H00	WBHS	SUNDAY 02 AUG	R100 p/m	Duncan Woods 0827761705
U 16	SUNDAY	15H00 - 17H00	REDDAM	SUNDAY 02 AUG	R100 p/m	Neil Malherbe 0836259035
U 14	SUNDAY	15H00 - 17H00	RBHS	SUNDAY 02 AUG	R100 p/m	Garth Olivier 0823192726
U 13	FRIDAY	16H30 - 18H30	WBHS	FRI 31 JUL	R100 p/m	Grant McKenzie
	SUNDAY	09H00 - 11H00	REDDAM	SUNDAY 02 AUG		0834542725

Regards

**John Whitehead**

