Results for the Triangular Athletics Meeting

**Under 14:**

3rd place:

- Ferhad Ahmed – High Jump & 200m

2nd place

- Warrick Shimmings – 800m
- Pieter Slabbert – 100m
- Edward Bester – Shot put

1st place:

- Ryan Klein – 80m hurdles
- Kyle Ballakistan – 100m & 200m
- 4 x 100m relay

**Under 15:**

3rd place

- Rian Barnard – Javelin
- Sabri Oostendorp – 100m
- Jonathan Shepherd – 1500m
- Kisito Mukasa – Long Jump
- Tayo Walburgh – Discus
- Clyde Martch – 200m

2nd place

- Sabri Oostendorp – High jump
- Stefano de Villiers Filippi – Long Jump
- Clyde Martch – 100m hurdles
- Pieter Slabbert – Discus
1st place
- Callum Blows – High Jump
- Jay Stevens – Javelin
- Chad Muller – Shot put
- 4x100m relay

Under 16:

3rd place
- Matthew Steel – Long jump

2nd place
- Khanyo Ngcukana – 100m
- Meeka-Eel Allie – Discus

1st place
- Khanyo Ngcukana – 400m
- Dale Cornell – Javelin
- Keaton Saunders – 800m & 1500m
- Nicholas Le Roux – 100m & 200m
- 4x100m relay

Under 19:

3rd place
- Matthew Kabot – 800m
- Douglas Waddilove – 1500m
- Giovanni Hofmeyer – 100m

2nd place
- Luke Erasmus – 3000m
- Samuel Carstens – 100m
• Darren Leske – Javelin
• Reece Gregg – 1500m

1st place

• Myles Tucker – Discus
• Levi Calthorpe – 800m
• Giovanni Hofmeyer – 400m
• Samuel Carstens – 200m
• 4x100m relay

Congratulations to these athletes for their outstanding performance.

Special congratulations to all the relay teams. This was the 1st time in more than 13 years that RBHS won all the relays.

D Geldenhuys